



Frequently Asked Questions & Retreat Guidelines

Frequently Asked Questions

Is parking available?

Yes. Complimentary validated parking is available for all Flourish Women Retreat guests throughout the weekend.

Can I use the spa throughout my stay?

Yes. Your retreat includes unlimited access to Oulton Hall Hotel & Spa's leisure and spa facilities during your stay, subject to the hotel's operating hours.

How do I book a spa treatment?

A very limited number of spa treatments will be available at an exclusive discounted rate for Flourish Women Retreat attendees. To book a treatment, please contact our Administrator at admin@flourishwomentoday.com. Early booking is recommended.

Retreat Payment Schedule

To enable efficient planning and organisation of the retreat, all payment deadlines must be adhered to.

Room Type	Payment	Amount	Due Date
TWIN ROOM – prices quoted per person			
Twin Room (£295)	Deposit	£100	31 October 2026
	Second Payment	£100	31 January 2027
	Final Balance	£95	30 April 2027
DOUBLE ROOM – price quoted per person (based on single occupancy)			
Double Room (£395)	Deposit	£100	31 October 2026
	Second Payment	£100	31 January 2027
	Third Payment	£100	31 March 2027
	Final Balance	£95	31 May 2027

BACS details

Deposit and subsequent payments are to be made to the following account:

Sort Code: 30-99-50

Account Number : 83517168

Account Name : Olive Branch Community Church

Reference : Your Surname/Retreat2027

Can I make smaller and more frequent instalment payments?

Partial payments are not usually accepted unless agreed in advance with the Retreat Administrator.

**What is your cancellation policy?**

The £100 deposit is non-refundable. Due to our contractual commitments with the venue and suppliers, all subsequent payments received become non-refundable after 31 March 2027. If your circumstances change, you may transfer your booking to another attendee on the same booking terms and conditions by contacting the Retreat Administrator.

What should I wear?

A detailed retreat schedule will be provided nearer the event. As a guide: Friday – casual and comfortable; Saturday daytime – casual; Saturday evening – smart attire; Sunday – casual or smart casual.

Who do I contact if I have additional questions?

Email: admin@flourishwomentoday.com

Retreat Guidelines**Creating a Space Where Every Woman Can Flourish**

At Flourish Women, we believe a retreat is more than a weekend away—it's an opportunity to build meaningful connections, encourage one another and create an environment where every woman feels welcomed, valued and inspired.

To help us create this experience together, we kindly ask all guests to embrace the following guidelines throughout the weekend.

Be a Flourish Women Ambassador

As a guest, you are an ambassador for the Flourish Women community.

We encourage everyone to represent the Flourish Women brand through kindness, respect, integrity and grace in all interactions with fellow guests, hotel staff, speakers, volunteers and members of the public.

Let our words, actions and attitudes reflect the welcoming community we are building together.



Be a Vault

Retreats often provide opportunities for women to share personal stories and life experiences. If someone entrusts you with their story, please honour that trust by keeping what is shared confidential.

What is shared within the retreat community should remain within the retreat community.

The exception is where there is a safeguarding concern. If you become aware of information that suggests someone may be at risk of harm, please report this immediately to a member of the Flourish Women Team so appropriate support can be provided.

Respect Our Venue

We are delighted to partner with Oulton Hall Hotel & Spa again for this retreat.

Please remember that ours is one of several events taking place within the hotel.

We ask that all guests treat the hotel team, chefs and other guests with courtesy, patience and appreciation throughout the weekend.

A smile, a kind word and a thank you go a long way.

Dietary Requirements

If you have informed us of any dietary requirements or allergies, every effort will be made to ensure these are catered for.

To help the hotel prepare meals safely and efficiently, requests to swap meals purely as a matter of personal preference will not be possible.

Thank you for your understanding and cooperation.

Caring for God's Creation

Flourish Women is committed to acting responsibly and playing our part in supporting environmental sustainability and the journey towards Net Zero.

During the retreat, we encourage everyone to help us minimise our environmental impact by:

- Taking only the food you know you will enjoy to help reduce food waste.
- Recycling wherever facilities are provided.
- Using towels responsibly in line with the hotel's environmental policy.



- Bringing a reusable water bottle if you wish.
- Respecting the beautiful surroundings we are privileged to enjoy.

Small actions, taken together, make a meaningful difference.

Presentation & Conduct

We want every guest to feel relaxed, comfortable and free to be themselves.

We simply ask that, in both our presentation and behaviour, we demonstrate consideration for others and uphold the positive values and reputation of Flourish Women.

Our aim is to create an atmosphere that is welcoming, uplifting, respectful and encouraging for everyone.

Let's Flourish Together

Thank you for helping us create a retreat where every woman feels safe, valued, encouraged and empowered.

Together, we can make Flourish Women Retreat 2027 a truly memorable experience filled with friendship, laughter, learning and lasting connections.

"Encourage one another and build each other up." (1 Thessalonians 5:11)